27th January - 4th February 2024 Masses and Services

Ramsey

Peel

		V		
Saturday	6.30 pm	June Webster		
Sunday	11.00 am	Private Intention	9.00 am	Parishioners
Monday	10.00 am	John Richmond	10.00 am	Communion Service
Tuesday	10.00 am	John Cain	Midday	Ame Goldstraw
Wednesday	7.30 pm	Int. of Michael Solkin		
Thursday	10.00 am	James Browne	Midday	Holy Souls
Friday	10.00 am	Private Intention	Midday	John Gulliver
Saturday	12.30 pm	Benefactors		
	6.30 pm	Chris Macken		
Sunday	11.00 am	June Webster	9.00 am	Parishioners

Confessions: Ramsey - Saturday, after 12.30pm Mass & 5.45 - 6.15pm; Wednesday 7-7.20pm. Peel - Sunday, 8.30 - 8.50am

Readings for the Week

29th January 2024 - **Monday** 2 Sam 15:13-14, 30; 16:5-13a; Ps 3:2-3, 4-5, 6-7; Mk 5:1-20 30th January 2024 - **Tuesday** 2 Sam 18:9-10, 14b, 24-25a, 30-19:3; Ps 85:1-2, 3-4, 5-6; Mk 5:21-43 31st January 2024 - **Wednesday** 2 Sam 24:2, 9-17; Ps 31:1-2, 5, 6, 7; Mk 6:1-6 1st February 2024 - **Thursday** 1 Kgs 2:1-4, 10-12; Ps 1 Chr 29:10bc, 11abc, 11abc, 11d-12a, 12bcd; Mk 6:7-13 **2nd February 2024 - Friday** Mal3:1-4; Ps 23:7,8,9,10; Lk 2:22-40 3rd February 2024 - **Saturday** 1 Kgs 3:4-13; Ps 118:9,10,11,12,13,14; Mk 6:30-34

Feastdays of the Week

Wednesday	St. John Bosco. 19th century. Founder of the Salesian Order.	
Friday	Presentation of the Lord at the Temple. Candlemas. Forty days since the birth of Jesus.	
Saturday	St. Blaise. 4th century Bishop & Martyr. St. Ansgar. 9th century. Archbishop & Patron of Denmark.	

Prayer of the Faithful: O that today you would listen to his voice! Response: **Harden not your hearts.**

Please turn OFF your mobile phone when entering the Church. Thank you.

Peel

The coffee morning at St. Patrick's on Friday 19th January for the Lourdes Fund raised £568. Sincere thanks to all who participated.

Lent is coming soon and now is the time to prepare. Don't wait until Ash Wednesday! Take a look at these ways to prepare for Lent and grow closer to God.

1. <u>Examination of Attachments.</u> Similar to examining your conscience for sins, take a few minutes to examine what attachments you have in your life. Are we overly attached to a certain food or entertainment? Is there something in our lives that's taking an undue amount of time or attention? With the Lord's help, take the time *before* Lent to see what is taking up space from God. Then, craft your Lenten sacrifices around them.

2. <u>Private Sacrifices.</u> It's normal to share with everyone what sacrifices you're doing for Lent. Be sure to also reserve some that only you and the Lord know about. This helps against the temptation to sacrifice so that others know about it.

3. <u>Silence.</u> Silent time provides many benefits, the main one allowing for prayer time with God. Lent is a great time to carve out silent time each day because our sacrifices give us more time back in the day. Although you can pray during this silent time, try other relaxing activities that may have been shut out in recent years. This includes things like going for walks, reading, and creating art! If you give yourself the space for silence, you might find that you'll want to keep it beyond Lent.

4. **Learning.** Lent provides ample opportunities to stretch our minds and learn more about our faith.

5. <u>Confession</u>. It's hard to find a better time in the year to go to Confession than Lent. Take the time to find when confessions are happening and go.

5. **Prayer.** Of course, what's Lent without prayer? Lent is an amazing opportunity to reset our priorities and rekindle our communication with God. Taking care of our body frees us to love God and others better – if our own life is out of order, how can we help others?

Lent is a great gift from God. We have a chance to shake ourselves out of bad habits and rekindle our love for God. If you prepare well, you'll be able to receive the graces that the Lord has in store for you.